

Skills for Living

Frances Baynor Parnell



by
Yvonne Gentzler, Ph.D
Liz Romero, Ph.D.



Goodheart-Willcox Co., Inc.
Tinley Park, Illinois

Topic 6-2

Developing Friendships

- In this topic, you will learn about the influence of friendships and dating relationships, as well as
 - ❖ Friendships
 - ❖ Dating
 - ❖ What is love?
 - ❖ Responsible relationships

Developing Friendships

Objectives for Topic 6-2

After studying this topic, you will be able to

- name three types of friends
- describe factors that lead people to form friendships
- explain three types of dating
- explain the difference between love and infatuation
- analyze factors involved in a responsible relationship

Topic 6-2 Terms

- ❖ multicultural society
- ❖ group dating
- ❖ random dating
- ❖ steady dating
- ❖ infatuation
- ❖ abstinence

Friendships

- *Friends* are people who know, like, and trust one another
- *Friendship* is the bond that forms between friends



Types of Friends

- *Acquaintances* are people you know, but who are not close friends
- *Good friends* are people with whom you share common interests
- *Best friends* are friends with whom you share your deepest thoughts and feelings



Meeting New People

- Meeting people is the first step in making friends
- Don't overlook opportunities to meet people of different ages, cultures, and ethnic backgrounds
 - ❖ In a *multicultural society*, people from different cultures live in the same community

Forming Friendships

- Friendships are likely to develop between people who have similar
 - ❖ personalities
 - ❖ interests
 - ❖ values



How to Make Friends

- People are more likely to strike up a conversation with you if you
 - ❖ show you are interested in them
 - ❖ focus on what they are saying
 - ❖ provide feedback to keep the conversation moving
 - ❖ are open-minded



Dating

- The factors that attract people to friends also attracts them to dating partners
- Dating relationships help people learn more about themselves
- Dating helps people learn lessons that will help them in a marriage relationship
- Through dating, people learn how to give and take in personal relationships
- Dating helps people learn about the opposite sex

Group Dating

- *Group dating* is when a number of people of both sexes go out together



- ❖ Each person is free to get to know all members of the group
- ❖ People can interact without pressure

Random Dating

- *Random dating*, or casual dating, allows people to date more than one person at the same time
 - ❖ A person who is random dating may have the chance to socialize with many different people
 - ❖ Everyone grows socially, but no one feels disloyal or jealous

Steady Dating



- *Steady dating* is when two people agree to date only each other
 - ❖ Steady dating provides some security for both partners
 - ❖ The commitment involved in steady dating encourages the couple to resolve conflicts

What Is Love?

- *Love* is an unselfish feeling that involves caring more about your mate than yourself
 - ❖ Love is often confused with infatuation

Is It Love or Infatuation?

- ***Infatuation*** is an intense feeling of admiration
- You can be infatuated with
 - ❖ someone you have never met
 - ❖ a fantasized image of someone you know
- Infatuation is usually short-lived
- A person who is infatuated is concerned only with his or her own feelings and desires



Responsible Relationships

- Teens should consider how they feel about a sexual relationship before they get in a situation where they feel pressured
- Teens must consider the emotional and physical consequences of having a sexual relationship before marriage, such as
 - ❖ possible feelings of guilt and shame
 - ❖ danger of contracting an STD
 - ❖ risk of pregnancy

Facing Sexual Decisions

- ***Abstinence*** is refraining from sexual intercourse until marriage
- Reasons for choosing abstinence include
 - ❖ morality
 - ❖ values, goals, and standards
 - ❖ health and safety
 - ❖ personal integrity
 - ❖ risk of pregnancy

Dealing with Sexual Pressures

- Be prepared to follow through with your decision when you decide not to have sex
- Know your limits and make sure your date knows them too
- Practicing saying no
- Avoid difficult situations

Showing Affection in Other Ways

- Let your partner know that you really care about him or her without being sexually involved
- Concentrate on communication in your relationship



Did You Know...

- Each year, approximately 750,000 to 850,000 teenage women in the United States become pregnant
- 74% to 95% of teen pregnancies are unintended

Source: Advocates for Youth

Summary for Topic 6-2

- Many of your positive relationships will be with
 - ❖ acquaintances
 - ❖ good friends
 - ❖ best friends
 - ❖ dating partners

Summary for Topic 6-2

- You will find partners with whom you want a steady relationship through
 - ❖ group dating
 - ❖ random dating
- You will build a more mature, lasting relationship as you learn
 - ❖ the difference between love and infatuation
 - ❖ how to have a responsible relationship