Frances Baynor Parnell

by Yvonne Gentzler, Ph.D Liz Romero, Ph.D.



Goodheart-Willcox Co., Inc. **Tinley Park, Illinois**

Topic 20-5 Caring for Clothes

- In this topic, you will learn how to care for clothes properly, as well as
 - Daily clothing care
 - Laundering steps
 - Drying clothes
 - Ironing and pressing
 - Dry cleaning
 - Environmental awareness in clothing care
 - Storing clothes

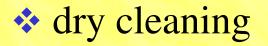
Caring for Clothes

Objectives for Topic 20-5

After studying this chapter, you will be able to
explain daily clothing care
care for your clothes by using proper laundering, drying, and ironing techniques

Topic 20-5 Terms

ironingpressing



Daily Clothing Care



As you dress and undress,
 open fasteners to avoid straining garments
 avoid stains from

- makeup or lotions
- inspect garments for stains or rips

Laundering Steps

Proper laundering
 Cleans garments
 removes wrinkles
 removes
 perspiration odors



Read Care Labels

The label must include the washing method water temperature drying method drying temperature type of bleach that can be used safely ✤ use of iron ironing temperatures

Sort Clothes Properly

Sort bycolor

wash temperatures

wash cycle

surface texture

degree of soil

Prepare Clothes for Laundering

Remove surface soil by shaking or brushing
Close zippers and hooks
Repair snags
Mend rips and tears
Check pockets
Pretreat stains

Understand Laundering Products

Soap—remove soil in hard water

- Detergents—remove soil in hard or soft water
- Bleach—helps remove stains, whitens, disinfects
 - Chlorine bleach—cannot be used on some fabrics
 - * Oxygen bleach—safe for all washable fibers
- Water softeners—use with hard water
- Fabric softener—reduce wrinkling and static electricity

Using the Washing Machine

Distribute items evenly

- Do not overload the washer
- Select a suitable wash cycle
- Select water temperature according to fiber



Drying Clothes

- Automatic dryers are convenient, especially for large loads
 - Regular cycle—for clothes that are not heat sensitive
 - Permanent press cycle—moderate heat with a cool-down period

Fluff cycle—unheated air to freshen items
Line drying is recommended for some fabrics
Flat drying is used to avoid shrinking or stretching

Ironing and Pressing

- Ironing is the process of moving an iron across fabric to smooth wrinkles
- Pressing is the process of lifting the iron up and down to apply pressure in one area
- Tips for ironing and pressing
 - Use the iron properly
 - Use the proper setting for the fabric
 - Press an inside seam or hem first
 - Iron along the lengthwise grain
 - Use a pressing cloth to prevent shine

Dry Cleaning

- Dry cleaning is the process that cleans clothes using organic chemical solvents; water is not used
 - Professional dry cleaners—specialized treatments and proper pressing
 - Home in-dryer kits—remove odors, wrinkles, and light stains in about half an hour in the dryer

Environmental Awareness in Clothing Care

Modern technology has developed laundry appliances that use energy and water very

efficiently



Storing Clothes

- Store knit clothes in drawers to prevent stretching
- Close fasteners of clothes on hangers to keep the shape
- Use specialty hangers when necessary
- Store like garments together
- Set aside clothes to be laundered or drycleaned

Did You Know...

- A load of wet clothes contains about half a gallon of water
- Lint is created as the water is removed during the drying process

Source: Underwriters Laboratories Inc.

Summary for Topic 20-5

- Establish a daily routine for clothing care
 Read clothing labels for care instructions
 Follow proper steps for laundering, drying,
 - ironing, or dry cleaning clothes
- Take steps to care for the environment as you care for clothes